

HOW DO YOU EMPOWER THEM TO QUIT FOR GOOD?

Combination therapy is more effective in helping smokers to quit, compared with a single NRT¹

A nicotine patch provides continuous nicotine levels throughout the day, while a flexible format relieves breakthrough cravings whenever they strike



NICORETTE[®] INVISIPATCH

Pack size:

7 or 14 patches (14 patches pack size only in 25mg)

How to use:

1 patch daily

Dose:

25mg, 15mg, 10mg



OR



OR



OR



OR



OR



OR



NICORETTE[®] QUICKMIST MOUTH SPRAY

For smokers who need fast-acting relief from cravings

Pack size:

1 or 2 dispensers

How to use:

1–2 sprays every 30 minutes to 1 hour. Maximum 64 sprays daily

Dose:

1mg/spray

NICORETTE[®] QUICKMIST SMARTTRACK™

Nicorette[®] QuickMist SmartTrack™ with NEW connected tracking and behavioral support app helps quitters plan and track their journey towards quitting smoking!

Pack size:

1 or 2 dispensers

How to use:

1–2 sprays every 30 minutes to 1 hour. Maximum 64 sprays daily

Dose:

1mg/spray

NICORETTE[®] INHALATOR

For those who are likely to miss the hand-to-mouth habit of smoking

Pack size:

4, 20 or 36 cartridges

How to use:

Each cartridge lasts 40 minutes cumulatively. Maximum 6 daily

Dose:

15mg per cartridge

NICORETTE[®] GUM

For smokers who like chewing gum to control cravings

Pack size:

varies by flavour

How to use:

As required, up to a maximum 15 pieces daily

Dose:

2mg, 4mg

NICORETTE[®] COOLS LOZENGE

For smokers who want flexible but discreet control of cravings

Pack size:

20 or 80 lozenges

How to use:

As required, up to a maximum 15 lozenges daily

Dose:

2mg, 4mg

NICORETTE[®] MICROTAB

For smokers who want flexible but discreet control of cravings whenever or wherever needed

Pack size:

100 microtabs

How to use:

1–2 microtabs hourly. Maximum 24 daily

Dose:

2mg

NICORETTE[®] NASAL SPRAY

For rapid uptake of nicotine for fast relief of cravings

Pack size:

1 nasal spray

How to use:

1–2 sprays per nostril per hour. Maximum 64 sprays daily

Dose:

0.5mg per spray

NRT: Nicotine Replacement Therapy
Please refer to product information. Product information can be found on reverse.



Nicorette Nasal Spray. Presentation: Nicotine 10 mg/ml. Each spray of 50µl delivers 0.5 mg nicotine. **Uses:** Indicated for the relief of nicotine withdrawal symptoms as an aid to smoking cessation. **Legal category:** GSL. **PL holder:** McNeil Products Limited, 50-100 Holmers Farm Way, High Wycombe, HP12 4EG UK. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: <https://mhraproducts4853.blob.core.windows.net/docs/d569687763b94def8927d251842fff2fc4f113c4>

Nicorette Microtab 2mg sublingual Tablet. Presentation: Sublingual tablet equivalent to 2mg of nicotine. **Uses:** Relief of nicotine withdrawal symptoms as an aid to smoking cessation. It is used to help smokers ready to stop smoking immediately and also smokers who need to cut down their cigarette use before stopping. **Legal category:** GSL. **PL holder:** McNeil Products Ltd, 50-100 Holmers Farm Way, High Wycombe, HP12 4EG. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: <https://mhraproducts4853.blob.core.windows.net/docs/06bf686f4122ef8fc8757d0d8b05437c64a8714b>

Nicorette Cools 2mg Lozenge, Nicorette Cools 4mg Lozenge, Nicorette Fruit 2mg Lozenge. Presentation: Each lozenge contains 2mg or 4mg of nicotine. **Uses:** Nicorette lozenges relieves and/or prevents cravings and nicotine withdrawal symptoms associated with tobacco dependence. It is indicated to aid smokers wishing to quit or reduce prior to quitting, to assist smokers who are unwilling or unable to smoke, and as a safer alternative to smoking for smokers and those around them. **Legal category:** GSL. **PL holder:** McNeil Products Limited, 50-100 Holmers Farm Way, High Wycombe, HP12 4EG,UK. Information about these products, including adverse reactions, precautions, contraindications, and method of use can be found at: <https://www.medicines.org.uk/emc/search?q=Nicorette+lozenge>

Nicorette QuickMist 1mg/spray mouthspray, Nicorette QuickMist Cool Berry 1mg/spray mouthspray & Nicorette QuickMist SmartTrack 1mg/spray mouthspray. Presentation: Each 0.07ml contains 1 mg nicotine corresponding to 1 mg nicotine/spray dose. **Uses:** Nicorette QuickMist and QuickMist SmartTrack relieves and/or prevents cravings and nicotine withdrawal symptoms associated with tobacco dependence. It is indicated to aid smokers wishing to quit or reduce prior to quitting, to assist smokers who are unwilling or unable to smoke, and as a safer alternative to smoking for smokers and those around them. **Legal category:** GSL. **PL holder:** McNeil Products Ltd, 50-100 Holmers Farm Way, High Wycombe, HP12 4EG. Information about these products, including adverse reactions, precautions, contraindications, and method of use can be found at: <https://www.medicines.org.uk/emc/search?q=nicorette+mouthspray>

Nicorette Invisi Patch. Presentation: Transdermal patches releasing a nominal of 25mg, 15mg or 10mg of nicotine per 16 hours. **Uses:** Nicorette Invisi patch relieves and/or prevents cravings and nicotine withdrawal symptoms associated with tobacco dependence. It is indicated to aid smokers wishing to quit or reduce prior to quitting, to assist smokers who are unwilling or unable to smoke, and as a safer alternative to smoking for smokers and those around them. **Legal category:** GSL. **PL holder:** McNeil Products Limited, 50-100 Holmers Farm way, High Wycombe, HP12 4EG. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: <https://www.medicines.org.uk/emc/search?q=invisi+patch>

Nicorette Inhalator. Presentation: Nicotine 15mg per cartridge. **Uses:** Nicorette Inhalator relieves and/or prevents cravings and nicotine withdrawal symptoms associated with tobacco dependence. It is indicated to aid smokers wishing to quit or reduce prior to quitting, to assist smokers who are unwilling or unable to smoke, and as a safer alternative to smoking for smokers and those around them. **Legal category:** GSL. **PL holder:** McNeil Products Ltd, 50-100 Holmers Farm Way, High Wycombe, HP12 4EG UK. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: <https://mhraproducts4853.blob.core.windows.net/docs/a872c6657a89b3e087c6f163f231bb6f90cf9b8d>

Nicorette Gum. Presentation: Chewing gum containing 2 or 4mg of nicotine. **Uses:** Nicorette Gum relieves and/or prevents cravings and nicotine withdrawal symptoms associated with tobacco dependence. It is indicated to aid smokers wishing to quit or reduce prior to quitting, to assist smokers who are unwilling or unable to smoke, and as a safer alternative to smoking for smokers and those around them. **Legal category:** GSL. **PL holder:** McNeil Products Ltd, 50-100 Holmers Farm Way, High Wycombe, HP12 4EG. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: <https://www.medicines.org.uk/emc/search?q=Nicorette+gum>



Adverse events should be reported.

Reporting forms and information can be found at www.mhra.gov.uk/yellowcard.
Adverse events should also be reported to McNeil Products Limited on 01344 864 042.

1. Lindson et al. Different doses, durations and modes of delivery of nicotine replacement therapy for smoking cessation. Cochrane Database of Systematic Reviews 2019, Issue 4.