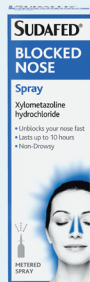


# SUDAFED® To Breathe Free



+ \*2023 NielsenIQ data, Value, Units, Decongestion Category (client defined) 52 w/e 13.05.23 (GB Total Coverage). For verification, please visit: <https://www.ecc-consumercenter.com/UCUConfiguration?id=a075800001645pj>

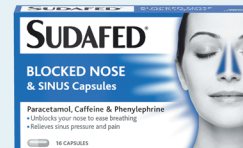
## SUDAFED® Blocked Nose Range



**Sudafed® Blocked Nose Spray** **GSL**  
Xylometazoline Hydrochloride  
Age: 12 years +  
Size: 15ml  
Unblocks the nose, gets to work in 2 mins, lasts up to 10 hours  
*non-drowsy*



**Sudafed® Decongestant Liquid** **P**  
Pseudoephedrine hydrochloride  
Age: 6 years +  
Size: 100ml  
Unblocks nasal congestion and clears catarrh  
*non-drowsy*



**Sudafed® Blocked Nose & Sinus Capsules** **GSL**  
Paracetamol, Caffeine, Phenylephrine  
Age: 16 years + Size: 16s  
Unblocks your nose to ease breathing



**Sudafed® Plus Blocked Nose Nasal Spray Solution** **P**  
Xylometazoline Hydrochloride, Dexpanthenol  
Age: 12 years +  
Size: 10ml  
Unblocks the nose for long lasting relief, soothes and helps protect the irritated nasal lining



**Sudafed® Natural Relief Blocked Nose Spray** **Medical Device**  
Isotonic saline solution  
Age: Suitable for all ages  
Size: 15ml  
Natural relief. Cleanse and hydrates a blocked nose



**Sudafed® Decongestant Tablets** **P**  
Pseudoephedrine hydrochloride  
Age: 12 years + Size: 12s  
Unbeatable strength tablet to help unblock the nose  
*non-drowsy*

## SUDAFED® Sinus Range



**Sudafed® Sinus-Ease Nasal Spray** **GSL**  
Xylometazoline Hydrochloride  
Age: 12 years +  
Size: 15ml  
Gets to work in 2 mins to help clear nasal passages and relieve sinusitis



\* containing Ibuprofen & Pseudoephedrine

**Sudafed® Sinus Pressure & Pain Tablets** **P**  
Pseudoephedrine hydrochloride, Ibuprofen  
Age: 15 years +  
Size: 12s & 24s  
Nothing stronger\* for sinus pressure & pain



**Sudafed® Sinus Max Strength Capsules** **GSL**  
Paracetamol, Caffeine, Phenylephrine  
Age: 16 years + Size: 16s  
Tackles sinus pressure, congestion and the pain that comes with it

## SUDAFED® Mucus Range



**Sudafed® Mucus Relief Triple Action Cold & Flu Tablets** **GSL**  
Paracetamol, Guaifenesin, Phenylephrine hydrochloride  
Age: 12 years + Size: 16s  
Mucus relief that starts to work in 15 mins

## SUDAFED® Congestion & Headache Range



\* Relief of congestion, headache and day time fatigue associated with a head cold

**Sudafed® Congestion & Headache Relief Max Strength Capsules** **GSL**  
Paracetamol, Caffeine, Phenylephrine  
Age: 16 years + Size: 16s  
Sudafed Congestion & Headache Relief: for complete head cold relief\*



\*\* refers to having capsules for use in the day and another for use at night

**Sudafed® Congestion & Headache Relief Day & Night Capsules** **GSL**  
Paracetamol, Caffeine, Phenylephrine  
Age: 16 years + Size: 16s  
For 24 hour relief from your worst cold symptoms\*\*

**Sudafed Mucus Relief Triple Action Cold & Flu Tablets.** Presentation: Tablets containing 250mg paracetamol, 100mg guaifenesin, 5mg phenylephrine. **Uses:** Symptomatic relief of cold and flu, including aches and pains, headache, blocked nose, sore throat, chills and chesty cough. **Legal category:** GSL. Further information is available from Wrafton Laboratories Ltd (T/A Ferrigo), Braintree, Devon. EX33 2DL. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: <https://www.medicines.org.uk/emc/product/4747/smpc>  
**Sudafed Sinus Max Strength Capsules Hard.** Presentation: Red/blue capsules containing paracetamol 500mg, caffeine 25mg, phenylephrine 6.1mg. **Uses:** Symptomatic relief of the pain and congestion of sinusitis, including relief of aches and pains, headache, nasal congestion and lowering of temperature. **Legal category:** GSL. Further information is available from Wrafton Laboratories Ltd, Wrafton, North Devon. EX33 2DL. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: <https://www.medicines.org.uk/emc/product/3285>  
**Sudafed Blocked Nose & Sinus Capsules.** Presentation: Red/blue capsules containing paracetamol 500mg, caffeine 25mg, phenylephrine 6.1mg. **Uses:** Symptomatic relief of the pain and congestion of sinusitis, including relief of aches and pains, headache, nasal congestion and fever. **Dosage:** Adults and children over 16 years: 2 caps every 4-6 hours to a max of 4 doses in any 24 hours. Do not exceed 8 caps in any 24 hours. **Dosage should not be continued for longer than 3 days without consulting a doctor.** **Contraindications:** Use in children under 16 years; hypersensitivity; severe coronary heart disease and cardiovascular disorders. History of peptic ulcer; hypertension; hyperthyroidism; use with or within two weeks of receiving MAOIs. Avoid in patients with prostatic enlargement. **Precautions:** Severe renal or severe hepatic impairment; Raynaud's Phenomenon; diabetes mellitus. The hazards of overdose are greater in those with non-cirrhotic alcoholic liver disease. Should not be taken concomitantly with other paracetamol containing medicines. **Possible interactions:** metoclopramide, domperidone, cholestyramine, monoamine oxidase inhibitors (including moclobemide), sympathomimetic amines, beta-blockers and other antihypertensives (including debrisoquine, guanethidine, reserpine, methyldopa), tricyclic antidepressants, digoxin and cardiac glycosides, ergot alkaloids, warfarin and other coumarins, vasodilators and drugs which induce hepatic microsomal enzymes. See SPC for further details. **Pregnancy and Lactation:** The product should be used in

pregnancy only if the benefits outweigh this risk. Consult doctor before use. **Side effects:** Thrombocytopenia, agranulocytosis, anaphylaxis, cutaneous hypersensitivity reactions including skin rashes, angioedema and Stevens Johnson syndrome, cross-sensitivity with other sympathomimetics, toxic epidermal necrolysis, bronchospasm and hepatic dysfunction, nervousness, anxiety, irritability, restlessness, excitability, dizziness, headache, insomnia, increased blood pressure, nausea, vomiting, diarrhoea, mydriasis, acute angle closure glaucoma, most likely to occur in those with closed angle glaucoma, tachycardia, palpitations, allergic reactions (e.g. rash, urticaria, allergic dermatitis), dysuria, urinary retention. See SPC for details. **Legal category:** GSL. PL Holder: Wrafton Laboratories Ltd, Wrafton, North Devon. EX33 2DL. PL Number: PL 12063/0067 Date of prep: 29/08/2019  
**Sudafed Sinus Pressure & Pain 200mg/30mg film-coated tablets.** Presentation: Yellow, round film-coated tablets containing Pseudoephedrine HCl 200mg and Ibuprofen 200mg. **Uses:** Symptomatic treatment of nasal congestion associated with acute rhinosinusitis suspected to be of viral origin with headache and/or fever. **Legal category:** P. Further information is available from PL holder McNeil Products Ltd, 50-100 Holmers Farm Way, High Wycombe, HP12 4DP. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: <https://www.medicines.org.uk/emc/product/9174>  
**Sudafed Blocked Nose Spray and Sudafed Sinus-Ease Nasal Spray.** Presentation: Metered dose bottle containing 0.1% w/v Xylometazoline HCl 30mg and flurufen 200mg. **Uses:** Symptomatic relief of nasal congestion associated with colds, influenza, sinusitis, and rhinitis and other upper respiratory tract allergies. **Legal category:** GSL. Further information is available from PL holder McNeil Products Ltd, 50-100 Holmers Farm Way, High Wycombe, HP12 4DP. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: <https://www.medicines.org.uk/emc/search?q=sudafed>  
**Sudafed Congestion & Headache Max Strength Capsules.** Presentation: Red/blue capsules containing paracetamol 500mg, caffeine 25mg, phenylephrine 6.1mg. **Uses:** Symptomatic relief of the pain and congestion of sinusitis, including relief of aches and pains, headache, nasal congestion and fever. **Legal category:** GSL. Further information is available from Wrafton Laboratories Ltd, Wrafton, North Devon. EX33 2DL. Information about this product, including adverse reactions,

precautions, contraindications, and method of use can be found at: <https://www.medicines.org.uk/emc/product/3288/smpc>  
**Sudafed Congestion & Headache Relief Day & Night Capsules.** Presentation: Red/yellow day capsules containing paracetamol 500mg, caffeine 25mg, phenylephrine 6.1mg; blue/night capsules containing paracetamol 500mg, phenylephrine 6.1mg. **Uses:** Symptomatic relief of common cold and influenza, including aches and pains, sore throat, headache, fatigue and drowsiness (day capsule only), nasal congestion and fever. **Legal category:** GSL. Further information is available from Wrafton Laboratories Ltd, Wrafton, North Devon. EX33 2DL. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: <https://www.medicines.org.uk/emc/product/3287/smpc>  
**Sudafed Decongestant Liquid Product Information.** Presentation: Pseudoephedrine Hydrochloride 30mg per 5ml. **Uses:** For the relief of nasal congestion and congestion of mucous membranes of the upper respiratory tract associated with the common cold. **Legal category:** P. Further information is available from McNeil Products Ltd, 50-100 Holmers Farm Way, High Wycombe, HP12 4DP. UK. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: <https://www.medicines.org.uk/emc/product/6198/smpc>  
**Sudafed Decongestant Tablets.** Presentation: Contains 60mg Pseudoephedrine HCl Indications: Symptomatic relief of allergic rhinitis, vasomotor rhinitis, common cold and influenza. **Legal category:** P. MA Holder: McNeil Products Ltd, 50-100 Holmers Farm Way, High Wycombe, HP12 4DP. UK. Information about this product, including adverse reactions, precautions, contra-indications, and method of use can be found at: <https://www.medicines.org.uk/emc/product/6199>  
**Sudafed Plus Blocked Nose 1mg/50mg/ml Nasal Spray Solution.** Product Information: Presentation: Spray pump bottle containing 10ml of a clear, colourless to slightly yellowish solution. Each 1 ml of nasal spray contains 1 mg xylometazoline hydrochloride and 50 mg dexpanthenol. **Uses:** Symptomatic relief of nasal congestion associated with the common cold, influenza, sinusitis allergic and non-allergic rhinitis (vasomotor rhinitis), other upper respiratory tract allergies. **Dosage:** Adults and children 12 years and over: One spray into each nostril up to 3 times a day. Maximum daily dose: 3 sprays in 24 hours. Use for more than 7 consecutive days is not recommended. Children under 12 years: Do not give to children under 12 years of age. **Contraindications:** Contraindicated in children under 12 years of age. Also contraindicated in individuals with the following

conditions: hypersensitivity to the active substances or to any of the excipients listed, dry inflammation of the nasal mucosa (rhinitis sicca), taking or have taken monoamine oxidase inhibitors within the preceding two weeks, and with a history of transphenoidal hypophysectomy or other surgical interventions which expose the dura mater. **Precautions:** Use with caution due to minimal systemic absorption with topically applied imidazole sympathomimetics such as xylometazoline. Use of this product is recommended only after a careful assessment of the risks and benefits for cases of increased intraocular pressure, especially narrow-angle glaucoma, serious heart and circulatory diseases (e.g. coronary heart disease, hypertension), phaeochromocytoma, metabolic disorders (e.g. hyperthyroidism, diabetes), porphyria, and prostate hyperplasia. Patients with long QT syndrome treated with xylometazoline may be at increased risk of serious ventricular arrhythmias. Use during chronic rhinitis may only be carried out under medical supervision. Prolonged treatment may lead to reactive hyperaemia of the nasal mucosa. Direct contact of the medicinal product with the eyes should be avoided. **Interactions:** Concomitant use with other sympathomimetics, antihypertensive agents, and medicines which potentially increase blood pressure should be avoided. **Pregnancy and Lactation:** Not recommended. **Side effects:** Uncommon: Hypersensitivity reaction (angioedema, skin rash, pruritus). Rare: palpitations, tachycardia, hypertension. Very Rare: restlessness, insomnia, hallucinations, fatigue (drowsiness, sedation), headache, convulsions, arrhythmias, rebound congestion, nosebleed. **Not Known:** Sneezing, burning and dryness of the nasal mucosa. **Reporting of side-effects:** You can report side-effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). **RPP (ex VAT):** £6.99. **Legal category:** P. **PL Holder:** McNeil Products Ltd, 50 - 100 Holmers Farm Way High Wycombe, Buckinghamshire, HP12 4EG, UK. **PL Number:** PL 15513/0407. **Date of prep:** 03 AUG 2022.

Adverse events should be reported. Reporting forms and information can be found at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard)  
Adverse events should also be reported to  
McNeil Products Limited on 01344 864 042.

UK-SU-2300118. Date of Preparation August 2023