

Re-Evaluate Rinse

It's Time For An Evidence-Based Recommendation

Clinically-Proven
Essential Oils
Help Eliminate Bacteria¹



Systematic reviews, meta-analyses, the **European Federation of Periodontology S3 level clinical practice guidelines**, and a recent consensus report from global experts, convened by **Spanish Society of Periodontology and Osseointegration (SEPA)***, support the adjunctive use of antiseptic mouth rinses.

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1. Bosma, M.L., McGuire, J.A., DelSasso, A. et al. Efficacy of flossing and mouth rinsing regimens on plaque and gingivitis: a randomized clinical trial. *BMC Oral Health* 24, 178 (2024). <https://doi.org/10.1186/s12903-024-03924-4>



World Health Organisation Global Report concludes urgent action is needed.

Global oral health status report: towards universal health coverage for oral health by 2030. Executive summary. Geneva: World Health Organisation 2022. FACTSHEET: World Health Organization. (2023, March 14).



Global Consensus Report.

Drawing on the recommendations from the European Federation of Periodontology's S3 level Clinical Practice Guidelines, this dedicated SEPA* Global Alliance focused on the latest evidence on the use of oral antiseptics and developed a practical approach to the use of antiseptics in periodontal care.

Global experts agreed that some patients can't achieve the necessary biofilm control through mechanical cleaning alone and the evidence base for certain mouth rinses as adjuncts to mechanical plaque control can no longer be ignored.

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Review of the benefit of fluoridated mouth rinses in daily routine.

Cooper L et al. (2012). Effect of Post-brushing Mouthwash Solutions on Salivary Fluoride Retention - Study 2. J Clin Dent., 23: 92-96.



Clinical Practice Guideline for 'Treatment of stage I-III periodontitis'.

Sanz M, Herrera D, Kebschull M, Chapple I, Jepsen S, Beglundh T, Sculean A, Tonetti MS; EFP Workshop Participants and Methodological Consultants. The European Federation of Periodontology S3 level clinical practice guideline. J Clin Periodontol. 2020 Jul;47 Suppl 22: 4-60.



Systematic review for adjunctive use of Essential Oils mouth rinses.

Figuero E et al. Efficacy of adjunctive therapies in patients with gingival inflammation. A systematic review and meta-analysis. J Clin Periodontol 2020; 47: 125-143.



Clinical study reviewing plaque control approaches.

Bosma, M.L., McGuire, J.A., DelSasso, A. et al. Efficacy of flossing and mouth rinsing regimens on plaque and gingivitis: a randomized clinical trial. BMC Oral Health 24, 178 (2024). <https://doi.org/10.1186/s12903-024-03924-4>



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